


GIRLS Tumbling

(ages 10 and older)

2011 Fall / 2012 Spring Schedule

(August 2011 - May 2012)

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Beginner – Adv. Intermediate Tumbling & Strength Training for Cheer 1x or 2x per week 1 hr. & 30 min, each lesson Definition of class – Beginner - just getting started Intermediate – Doing back handspring w/spot Adv. Intermediate – can do standing back handspring; Round off back handspring; No spot	7:00 – 8:30pm		7:00 – 8:30pm	
Advanced Tumbling & Strength Training for Cheer 1x or 2x per week 1 hr. & 30 min, each lesson Definition of class – Round off back handspring back flip by yourself -- NO SPOT! 		7:30 – 9:00pm		7:30 – 9:00pm

COED Pre-School

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A.M.Preschool (ages 3 – 4) 1x or 2x per week 1 hour each lesson	9 – 10am 10 – 11am 11:15 – 12:15pm 12:15 – 1:15pm			9 – 10am 10 – 11am 11:15 – 12:15pm 12:15 – 1:15pm	
P.M. Preschool (ages 3 – 4) 1x or 2x per week 1 hour each lesson	3:00 – 4:00pm 4:00 – 5:00pm 5:30 – 6:30pm	3:30 – 4:30pm 5:30 – 6:30pm 6:30 – 7:30pm	3:00 – 4:00pm 4:00 – 5:00pm 5:30 – 6:30pm	3:30 – 4:30pm 5:30 – 6:30pm 6:30 – 7:30pm	4:15 – 5:15pm

We reserve the rights to cancel and/or reschedule (without notice) classes with insufficient enrollment.

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