



GIRLS

Summer 2018

(June 4 - 30, 2018)



CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Co-ed Day Camp (ages 4 & up) 1x or 2x per week 4 hours each lesson bring your own drink & sack lunch	8am – 12 noon		8am – 12 noon	
Co-ed Pre-School (ages 3-4) 1x or 2x per week 1 hour each lesson		4 – 5pm 6 – 7pm		4 – 5pm 6 – 7pm
Jr. Level 1 (ages 5 – 6) 1x or 2x per week 1 hr. & 30 min. each lesson		3:30 – 5pm 5:30 – 7pm		3:30 – 5pm 5:30 – 7pm
Level 1 (ages 7 & up) 1x or 2x per week 1 hr. & 30 min. each lesson		3:30 – 5pm 5:30 – 7pm		3:30 – 5pm 5:30 – 7pm
HOT SHOTS (ages 4 - 6) 2 x per week REQUIRED 3 hours per week		3:30 – 5pm		3:30 – 5pm
Level 2 (ages 7 & up) 2 x per week REQUIRED 4 hours per week		5 – 7pm		5 – 7pm
CHEER Tumbling 1x or 2x per week 1 hr. & 30 min. each lesson		7 – 8:30pm		7 – 8:30pm
Co-ed Strength & Conditioning, (ages 12 & up) 1x or 2x per week 1 hr. & 30 min. each lesson		7 – 8:30pm		7 – 8:30pm

Summer OPEN GYM Schedule

Friday

*Regular P.M. (ages 6 & up) – 7:15pm – 9:15pm

\$7 members & \$10 non-members
6/8, 6/15, 6/22, 6/29



Saturday

*Extended Open gym (ages 6 & up) -- 6pm – 9pm

\$12 members & \$15 non-members
6/9, 6/16, 6/23, 6/30



BOYS

Summer 2018

(June 4 - 30, 2018)



CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Co-ed Day Camp (ages 4 & up) 1x or 2x per week 4 hours each lesson <i>bring your own drink & sack lunch</i>	8am – 12noon		8am – 12 noon	
Co-ed Pre-School (ages 3-4) 1x or 2x per week 1 hour each lesson		4 – 5pm 6 – 7pm		4 – 5pm 6 – 7pm
Jr. Level 1 (ages 5 – 6) 1x or 2x per week 1 hr. & 30 min. each lesson		3:30 – 5pm 5:30 – 7pm		3:30 – 5pm 5:30 – 7pm
Level 1 (ages 7 & up) 1x or 2x per week 1 hr. & 30 min. each lesson		3:30 – 5pm 5:30 – 7pm		3:30 – 5pm 5:30 – 7pm
Level 2 (ages 5 & up) 2 x per week REQUIRED 4 hours per week		5 – 7pm		5 – 7pm
Co-ed Strength & Conditioning, (ages 12 & up) 1x or 2x per week 1 hr. & 30 min. each lesson		7 – 8:30pm		7 – 8:30pm

Summer Open



Monday Schedule

Friday

*Regular P.M. (ages 6 & up) – 7:15pm – 9:15pm

Monday

ended Open gym (ages 6 & up) -- 6pm – 9pm

\$7 members & \$10 non-members

\$12 members & \$15 non-members

6/8, 6/15, 6/22, 6/29

6/9, 6/16, 6/23, 6/30

